

**SAMPLES OF VOLUNTEER POSITIONS**

**The Movers and Shakers**:
Help someone move to a new place and a new beginning.

**Guardian Angels**:
Watch children while mothers attend self-help classes, attend appointments, etc.

**Jills and Jacks of All Trades**:
Paint, gardening, yard maintenance, make small repairs, and put up shelves.

**Shop Til You Droppers**:
Spend a few hours a week with shopping for supplies and needs at the facility.

**Meeters and Greeters:**
Receptionists are needed in the day and evening to help welcome people into the facility.

**Dabbers:**
Greeters and customer service agents are needed to help us raise funds at Bingo.

**Receivers of Kindness:**
Sorters in our donation rooms are needed to help us go through our generous contributions.

**Celebrators**:
Special Events Volunteers are needed for various fun positions at events.

All times of the day, every day, we need volunteers!



**We need volunteers!** Canada has new trends in Volunteers. Over 47% of Canadians aged 15 and over did volunteer work in 2010. They devoted almost 2.07 billion hours to their volunteer activities. The number of volunteers in 2010 was significantly greater than in earlier years. Many Canadians become involved in volunteering because people they know are doing it. In 2010, 43% of volunteers said they did their volunteer work as part of a group project with

friends, neighbours or co-workers; another 25%

 said they had joined members of their

immediate family in their volunteer work.

Teenagers are volunteering because it is now a

 requirement to graduate high school.

The aging population are very generous in

their volunteer contributions upon retirement;

to keep active and busy, to socialize and

just to give back to their communities. If anyone

you know falls into these categories or if

they are interested in getting involved with

 the welfare of their community,

 please have them contact Tracy for exciting volunteer opportunities at the

 Chatham Kent Women’s Centre! tracylu@ckwc.org.



VOLUNTEER